

# ASD Reference Group Template – Database of Skills and Experience

## Template Information

### Dr Ken Aitken

#### 1. Academic background / Training

MA (Hon.) Psychology, University of Edinburgh;  
M.Phil. Clinical Psychology, Institute of Psychiatry, University of London;  
Ph.D. Psychology, University of Edinburgh;

#### 2. Work Experience

Consultant Clinical Psychologist, (P/T), Individual work with pupils and staff Hillside School, Aberdour,	01/10/09-present	Behavioural, neuropsychological, and cognitive, assessment; family work; staff training and assessment
Specialist Clinical Psychologist, (P/T), LD-CAMHS Greater Glasgow Health Board, health,  training and supervision	01/10/99-present	Individual and family assessment multidisciplinary work with social work and education; staff
Independent Consultant Clinical, Neuropsychologist,	01/01/'98-present	Individual assessment and therapy, (Medico-legal assessments, e.g. joint instructed Expert in Leicester Epilepsy litigation)
Clinical Neuropsychologist, (Principal Grade), RHSC, Edinburgh,  epilepsy; CHI; inborn errors	01/04/'91-'98;	Individual assessment and therapy for clients with a range of impairments (ASD;  of metabolism)
Clinical Psychologist, (Senior Grade), RHSC, Edinburgh,	01/08/'87-'90;	Clinician on Generic CAMHS team
Clinical Psychologist, (Basic Grade), RHSC Edinburgh,	01/10/'80-'86;	Clinician on Generic CAMHS team
Trainee Clinical Psychologist	01/10/'78-'80	Included experience on

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Institute of Psychiatry,

Autism Outreach Team

Denmark Hill,

(P.Howlin and M.Rutter);

London

Generic Child (W.Yule and L.Hersov), and LD-Challenging Behaviour (B.Wilson and J.Clements)

I have been and continue to be involved in a number of National and International developments in ASD research and service development.

I have given invited lectures on ASD throughout the UK, in the Eire, USA, Canada, France, Holland, Luxembourg, South Africa, Qatar, Australia and Japan, and am giving a keynote presentation in Brazil this summer (2011).

### 3. Strengths

Extensive clinical and research work with ASD and related conditions.

Selected relevant publications:

Aitken, K.J., Trevarthen, C., Papoudi, D. & Robarts, J. (2012 in preparation) **Children with Autism**. (3<sup>rd</sup> Edn), Jessica Kingsley Press: London.

Aitken K.J. (2011 in preparation) **A Practical Guide to Sleep Difficulties in the ASDs for Parents and Carers**. Jessica Kingsley Press, London.

Aitken, K.J. (2010) **A-Z of the Genetic ASD syndromes: A Handbook for Professionals**. Jessica Kingsley Press: London.

Aitken, K.J. (2010) **A-Z of the Genetic ASD syndromes: A Handbook for Parent and Carers**. Jessica Kingsley Press: London.

Aitken, K.J. (2010) **Dietary Interventions in the ASDs – why they work when they do, why they don't when they don't**. (Kindle Edition) Jessica Kingsley Press: London.

Aitken, K.J. (2009) **Dietary Interventions in the ASDs – why they work when they do, why they don't when they don't**. Jessica Kingsley Press: London.

Aitken K.J. (2009) 'Diet and Autism.', *Special Children*, **192**: 34-37.

Aitken, K.J. (2008) 'Intersubjectivity, Affective Neuroscience, and the Neurobiology of Autistic Spectrum Disorders: A systematic review.', *Keio Journal of Medicine*, **57**(1) : 15-36.

Trevarthen, C., Aitken, K.J., Vandekerckhove, M., Delafield-Butt, J. & Nagy, E. (2006) "Collaborative Regulations of Vitality in Early Childhood: Stress in Intimate Relationships and Postnatal Psychopathology." in: Cichetti D. & Cohen D.J. (Eds.) **Developmental Psychopathology**, Vol.2, John Wiley & Sons: New York.

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Trevarthen, C., Aitken, K.J., Papoudi, D. & Robarts, J. (2005) **Children with Autism**. (Japanese Translation), Tiuttle-Mori: Tokyo.

Trevarthen, C., Aitken, K.J., Papoudi, D. & Robarts, J. (2001) **Children with Autism**. (2<sup>nd</sup> Edn), Jessica Kingsley Press: London.

Trevarthen, C., Aitken, K.J., Papoudi, D. & Robarts, J. (1998) **Children with Autism**. Jessica Kingsley Press: London.

“Asperger syndrome” in the Gary L. Albrecht (Ed.) **Encyclopaedia of Disability**, Sage (2005).

Trevarthen, C. & Aitken, K.J. (2003) “Regulation of brain development and age-related changes in infants' motives: The developmental function of ‘regressive’ periods.” In: **Regression Periods in Human Infancy**. Heimann, M. & Plooij, F. (eds.) Mahwah, NJ: Erlbaum, pp. 107-184.

Co-Author: **MMR Expert Group Report**, Scottish Executive, (2002).

Aitken, K.J. (1998) ‘Behavioural Phenotypes in Developmental Psychopathology.’, *Journal of Child Psychology and Psychiatry Occasional Papers Series*, **15**: 5-20.

O’Hare, A.E. Quew R. & Aitken K. (1998) “The Identification of Autism in Children Referred to a Tertiary Speech and Language Clinic and the Implications for Service Delivery.”, *Autism*, **2**(2): 171-180.

Aitken, K.J. (1991) ‘Examining the evidence for a common structural basis to autism.’ *Developmental Medicine and Child Neurology*, **33**(10): 930-934.

Aitken, K.J. (1991) ‘Diagnostic issues in autism--are we measuring the emperor for another suit of clothes?’ *Developmental Medicine and Child Neurology*, **33**(11): 1015-1020.

### 4. Skills

I am formally trained on a variety of assessment and diagnostic tools for ASD.

I have trained in a variety of clinical intervention techniques.

I frequent act as a ‘blind’ reviewer for Journal articles on ASD and related conditions, and produce commissioned book reviews.