

Working Group 1 meeting minutes
24 August 2015, 2 pm
University of Strathclyde, Glasgow

APPROVED

Members present: **Audrey Espie**, NHS Greater Glasgow and Clyde; **Richard Ibbotson**, Autism Initiatives; **Alison Leask**, Autism Argyll; **Paul Lennon**, Autism Resource Centre Glasgow; **Stella MacDonald**, Autism Consultant; **Annette Pyle**, Scottish Government (Care, Support and Rights); **Basel Switzer**, NHS Borders; **Annie Watson**, Autism Network Scotland (for Emma Hanley); **Tom Wightman**, Parent/Carer

Guests Present: **Donald Macleod**, National Autism Coordination Project

Apologies: **Emma Hanley**, Autism Network Scotland; **John Mitchell**, Principal Medical Officer, Scottish Government; **Lisa Sturgess**, National Autistic Society; **Marie Claire Shankland**, NHS Education for Scotland;

Absent: **Kirsty Forsyth**, Autism Achieve Alliance/Queen Margaret University; **Judith Piggot**, NHS Tayside

Minutes by: Tracy Wenzl, Autism Network Scotland

- I. **Apologies** – apologies were read.
- II. **Welcome and introductions** - done.
- III. **Minutes of previous meeting and action points**
 - a. The minutes of the last meeting were accepted with changes.
 - b. Action points
 - EH to forward key messages to group members and request that they come back to her with responses – DONE via circulation of minutes
- IV. **Review of Chairs' meeting and Strategic Outcome 1** – AP has reframed the Scottish Strategy for Autism into four outcomes. These outcomes align with the strategy goals. There is no change in the Strategy's priorities; it simply reframes the Strategy to align it with current national Scottish Government priorities and provide a rationale on what we are doing and why. It is an approach framework; a way to look at what we've done and what are priorities are going forward in the next phase as agreed when we developed the strategy priority action plan.

AP noted that the Development Fund will now be known as the Innovation and Improvement Fund, and the Scottish Government has funding for this fiscal year (15/16) and, subject to review, hope to secure funding in the next financial year through March 2017 to deliver on our priorities. The letter calling for applications is out and gave a six-week turnaround from the date of issue. The Scottish Government has asked for applicants to focus on the four strategy outcomes. £1.5 million will be available in this financial year and there is no minimum or maximum project award. They are particularly keen to see projects that offer sustainability. They are also keen to see where projects align with local strategies and plans. AP noted that they may ask the Working Groups for assistance in reviewing applications relevant to the groups' new outcomes.

AL asked about the current funded projects and their outcomes/results. AP responded that the self-evaluation reports are coming in, and that more information is being requested if insufficient information is received. She suggested the Working Groups could serve as review panels for projects related to their goals, and invite funded project teams to come in and report on their projects and outcomes. Then, the best of the group could be invited to share at the annual conference at the end of the year with a call for posters to highlight the outcomes from the funded projects. RI noted that the group would like to review the list of projects related to the group's goals at the next meeting, and discuss at the next meeting..

Review of Work Plan

1. IMPROVE DIAGNOSTIC SERVICE AND PROVISION PRIORITY

- a. Publish Autism Achieve Alliance (AAA) report and roll out recommendations to NHS Scotland and Local Authorities - carry out appropriate level engagement to ensure buy-in

Group to consider recommendations. AP reported that Scottish Government intends to employ an improvement consultant to continue the AAA work. Discussion around post-diagnostic resources ensued. AP noted that AAA produced a post-diagnostic resource that wasn't published, as it was geared towards diagnostic professionals. AL noted Scottish Autism is working on a post-diagnosis resource for adults (similar to Right Click). They are also creating a version of Right Click for women. It was also noted that One Stop Shops are good places for post-diagnosis information and support.

ACTION ITEM: AE to send latest Matrix document to Tracy for distribution to group

- b. Engage with Health Boards through relevant Scottish Government health colleagues

AP reported that the [Scottish Learning Disability Observatory \(SLDO\)](#) is established and working on data linkage with health boards, ISD and ASD and other partners to have learning disabilities and autism data collected routinely. [The SPIRE \(Scottish Primary Care Information Resource\)](#) project is a major part of this work. SPIRE seeks to assist GPs in collecting data from electronic patient records held at General Practices and making it more accessible. When we establish data we can then use this data to gather the evidence needed to inform service redesign.

AP stated that [the LDSS statistics for 2014 have been published](#) and autism data is collected in that source but it is only people with autism known to local authorities.

It was stated Local Authorities currently use prevalence as estimate when considering service needs.

- c. Consider the impact of new diagnostic criteria ICD11, DSM-V etc - for example how do we influence the World Health Organisation (WHO)?

AE noted that the ICD11 criteria are postponed until next year. AP noted that the new SIGN guidelines are expected soon.

ACTION ITEM: AP to follow up SIGN guideline progress and report back

2. IMPROVE POST DIAGNOSTIC SUPPORT PRIORITY

- a. Complete and implement NHS Education for Scotland (NES) training framework and roll out to NHS, including appropriate level engagement to ensure buy-in
- b. Revise the 'Matrix' guide to delivering evidence-based psychological therapies in Scotland
- c. Engage with relevant Scottish Government health colleagues
- d. Increase engagement with practitioners, GPs, psychiatrists, NHS, Local Authorities etc
- e. Develop an engagement strategy

3. INFLUENCE LOCAL AUTISM PLANNING PRIORITY

DM reported that the Nation Autism Coordination Project has been up and running for one year. By and large, all areas have now submitted a plan or strategy. Their focus is now shifting to implementation. At a recent event, they linked the new outcomes to local goals to show how local plan ties into national objectives.

The NACP's last event for lead officers focused on out of area placements and complex care. They recently visited a new care home in West Dunbartonshire that seeks to address these issues.

The next event for lead officers will focus on transitions.

- a. Appoint national autism coordination team
 - b. Scrutinise service maps, local autism action plans/strategies
 - c. High level strategic engagement with community planning partnerships
 - d. Engagement with local autism lead officers and local implementation groups
 - e. Publish all plans/strategies/service maps on the Strategy website
 - f. Publish Microsegmentation report and disseminate findings
 - g. -Report delayed
- ACTION ITEM:** AP to follow up on microsegmentation report progress and get someone to report on this at next meeting
- h. Examine how Self-directed Support (SDS) is affecting the commissioning of services by liaising with Commissioners and SDS team
 - i. Raise awareness of autism amongst Commissioners

DM reported that on August 25, an event for service providers and commissioners would be held at the University of Strathclyde. This event will focus on service design, with a future event to focus on strategic commissioning with help from Julie Haslett.

- j. Redistribute autism SDS guide

4. FUTURE SUSTAINABILITY OF ONE STOP SHOPS

- a. Appoint evaluator (URGENT), peer review report and publish
- b. Consider options for becoming self-sustaining

Julie Haslett, Joint Improvement Team, continues to work with the OSSs to assist them in becoming sustainable. The prospects for the six "new" shops vary

ACTION ITEM: AP to invite Julie Haslett to attend next meeting

A brief discussion was held about current availability of funding via local authorities and Big Lottery. RI noted that lottery funding, or similar, even if successful would

only delay the funding problem. Ongoing One Stop Shop funding needs to become embedded within the local funding infrastructure. SM suggested further involvement from community parent/family groups could help the OSSs by providing volunteer services.

c. Engage with local authorities - can they support the One Stop Shops?

V. Any other business

a. PL met with NES' Janine Robinson recently to discuss autism training programmes utilised in Glasgow. This was an initial, information sharing meeting with a view to future joint work. PL reported the meeting was very positive and that they will meet again soon.

b. AP asked what would be useful to the group regarding Self Directed Support (SDS) information. The group was interested in hearing from someone from SDS.

ACTION ITEM: Group to consider what questions they have about SDS, bring to future meeting

ACTION ITEM: AP to find someone from SDS to report at a future group meeting

c. TW noted his concerns about two aspects of the Carers Bill currently under consideration by the Scottish Government. First, that it would allow local authorities to set the criteria for being a carer (instead of a national standard.) Second, that the assessment of unmet needs aren't being recorded to provide a national picture of what's needed – this could be used for future service planning.

VI. Plan for next meeting

The meeting was originally set for Tues, Nov 24. To accommodate Julie Haslett's schedule, Tracy will poll to find an appropriate day that she is available to attend.

KEY MESSAGES

Working Group 1 reviewed the new group strategy priority and outcome, which will guide future work. With this in mind, the group reviewed the work plan and updated several items. The group plans to invite Julie Haslett, Scottish Government Joint Improvement Team, to the next meeting. She will be asked to give a report on her work on improving the sustainability of the One Stop Shops. The group has also requested a report on the progress of Tommy Mackay's report on microsegmentation. The group would also like to hear more about Self-Directed Support and will consider what specific questions they have before inviting someone to present at a future meeting.

ACTION ITEMS

ACTION ITEM: AE to send diagnostic document to Tracy for distribution to group

ACTION ITEM: AP to follow up SIGN guideline progress and report back

ACTION ITEM: AP to follow up on microsegmentation report progress and find someone to come report on this at next meeting

ACTION ITEM: AP to invite Julie Haslett to attend next meeting

ACTION ITEM: Group to consider what questions they have about SDS, bring to future meeting

ACTION ITEM: AP to find someone from SDS to report at a future group meeting